

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 13:00 untill 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Boo Helge

Coaches: Jacob Sven

Coaches: Gijsemans Liesbet

Coaches: De Herdt Els HEADCOACH

Coaches: Vanuytven Diane

Coaches: De Weerdt Koen

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:3, starttime: 14:38

Heat: 3/7 Lane : 5 Athlete: JORIS LINDE Q-time: 03:14:93

PB (25m pool): 03:14.93 Kapellen 21/12/2025 PB (50m pool): no time SB: 03:14.93 Kapellen 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.89		no time		no time		03:14.93
		00:45.89						
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:4, starttime: 14:42

Heat: 4/7 Lane : 6 Athlete: VAN BREEDAM LENA Q-time: 03:01:48

PB (25m pool): 03:01.48 Kapellen 21/12/2025 PB (50m pool): no time SB: 03:01.48 Kapellen 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.94		no time		no time		03:01.48
		00:39.94						
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:7, starttime: 14:52

Heat: 7/7 Lane : 1 Athlete: JACOBS LOTTE Q-time: 02:39:25

PB (25m pool): 02:39.25 Aartselaar 01/11/2024 PB (50m pool): 02:41.26 SB: 02:39.94 Aartselaar 01/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.72		no time		no time		02:39.25
		00:33.72						
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 15: 200M MEDLEY MEN 11+							Heat:2, starttime: 15:00	
Heat: 2/7 Lane : 1 Athlete: VAN DER HOEVEN LUCA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:2, starttime: 15:00	
Heat: 2/7 Lane : 5 Athlete: GILLIS BAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:3, starttime: 15:04	
Heat: 3/7 Lane : 2 Athlete: VERMEIREN STAN							Q-time: 03:13:77	
PB (25m pool): 03:13.77 Antwerpen 12/10/2025			PB (50m pool): no time SB: 03:13.77 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.36		01:32.91		02:27.24		03:13.77
	00:42.36		00:50.55		00:54.33		00:46.53	
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:3, starttime: 15:04	
Heat: 3/7 Lane : 6 Athlete: DE PUYDT ARTHUR							Q-time: 03:24:45	
PB (25m pool): 03:24.45 Arendonk 30/11/2025			PB (50m pool): no time SB: 03:24.45 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.22		no time		no time		03:24.45
	00:53.22							
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 15: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:08	
Heat: 4/7 Lane : 2 Athlete: MARIN ALEXANDRU							Q-time: 02:55:76	
PB (25m pool): 02:55.76 Aartselaar 01/11/2025				PB (50m pool): no time SB: 02:55.76 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.71		no time		no time		02:55.76
	00:37.71							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:5, starttime: 15:12	
Heat: 5/7 Lane : 4 Athlete: DRISSI EL MESKINI TAMIZ							Q-time: 02:48:32	
PB (25m pool): 02:48.32 Aartselaar 01/11/2025				PB (50m pool): no time SB: 02:48.32 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.73		no time		no time		02:48.32
	00:37.73							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:7, starttime: 15:19	
Heat: 7/7 Lane : 4 Athlete: DOOMEN MARNIX							Q-time: 02:23:24	
PB (25m pool): 02:23.24 Kapellen 01/06/2025				PB (50m pool): 02:28.96 SB: 02:24.81 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.13		no time		no time		02:23.24
	00:31.13							
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+										Heat:1, starttime: 15:22	
Heat: 1/11 Lane : 2 Athlete: BOURGUIGNON NENA										Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): 01:56.89SB: no time						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			no time				no time				
	no time										
											

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:22
Heat: 1/11 Lane : 3 Athlete: HERREMANS ELIEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:32
Heat: 5/11 Lane : 2 Athlete: SARMI SOFIA					Q-time: 01:38:58
PB (25m pool): 01:38.58 Nijlen 16/11/2025					PB (50m pool): 01:42.82 SB: 01:38.58 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.22		01:38.58	
	00:46.22 00:52.36				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:35
Heat: 6/11 Lane : 5 Athlete: VOLDERS ELLA					Q-time: 01:34:70
PB (25m pool): 01:34.70 Temse 17/11/2025					PB (50m pool): 01:38.32 SB: 01:34.70 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.52		01:34.70	
	00:44.52 00:50.18				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:37
Heat: 7/11 Lane : 3 Athlete: VERDOOD PIP					Q-time: 01:31:89
PB (25m pool): 01:33.73 Herentals 18/05/2024					PB (50m pool): 01:31.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.73	
	no time				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:37
Heat: 7/11 Lane : 6 Athlete: GERAEDTS MARIA					Q-time: 01:33:54
PB (25m pool): 01:33.54 Arendonk 30/11/2025					PB (50m pool): 01:41.60 SB: 01:33.54 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.08		01:33.54	
	00:44.08		00:49.46		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 15:39
Heat: 8/11 Lane : 3 Athlete: DALEMANS NEL					Q-time: 01:27:33
PB (25m pool): 01:27.33 Antwerpen 12/10/2025					PB (50m pool): 01:30.93 SB: 01:27.33 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.89		01:27.33	
	00:40.89		00:46.44		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 15:41
Heat: 9/11 Lane : 4 Athlete: SCHELLEMANS CHARLOTTE					Q-time: 01:21:98
PB (25m pool): 01:21.98 Nijlen 16/11/2025					PB (50m pool): 01:25.12 SB: 01:21.98 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.91		01:21.98	
	00:38.91		00:43.07		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 15:41
Heat: 9/11 Lane : 5 Athlete: VAN REETH LIEZE					Q-time: 01:25:08
PB (25m pool): 01:25.08 Temse 17/11/2025					PB (50m pool): 01:31.06 SB: 01:25.08 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.07		01:25.08	
	00:40.07		00:45.01		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 18: 100M BREASTSTROKE MEN 11+				Heat:4, starttime: 15:55	
Heat: 4/7 Lane : 5 Athlete: VERSTRAETE PEPIJN				Q-time: 01:38:98	
PB (25m pool): 01:38.98 Aartselaar 01/11/2025				PB (50m pool): 01:42.06 SB: 01:38.98 Aartselaar 01/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.33		01:38.98	
	00:47.33		00:51.65		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+				Heat:5, starttime: 15:57	
Heat: 5/7 Lane : 4 Athlete: JANSSENS TIJS				Q-time: 01:28:13	
PB (25m pool): 01:28.13 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:27.80 SB: 01:30.12 Aartselaar 01/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.60		01:28.13	
	00:41.60		00:46.53		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+				Heat:5, starttime: 15:57	
Heat: 5/7 Lane : 6 Athlete: DE WEERDT BENT				Q-time: 01:33:04	
PB (25m pool): 01:33.04 Temse 17/11/2025				PB (50m pool): 01:36.20 SB: 01:33.04 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.31		01:33.04	
	00:44.31		00:48.73		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+				Heat:6, starttime: 15:59	
Heat: 6/7 Lane : 2 Athlete: VERCAMMEN DAAN				Q-time: 01:21:62	
PB (25m pool): 01:21.62 Nijlen 16/11/2025				PB (50m pool): 01:30.97 SB: 01:21.62 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.04		01:21.62	
	00:38.04		00:43.58		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 2 Athlete: MERTENS GERBEN					Q-time: 01:13:64
PB (25m pool): 01:13.64 Antwerpen 12/10/2025					PB (50m pool): 01:17.04 SB: 01:13.64 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.49		01:13.64	
	00:35.49		00:38.15		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 4 Athlete: JACOB QINGKUN					Q-time: 01:13:25
PB (25m pool): 01:13.25 Nijlen 16/11/2025					PB (50m pool): 01:17.58 SB: 01:13.25 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.63		01:13.25	
	00:34.63		00:38.62		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 6 Athlete: SLAETS CAZ					Q-time: 01:17:28
PB (25m pool): 01:17.28 Nijlen 16/11/2025					PB (50m pool): 01:19.48 SB: 01:17.28 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.54		01:17.28	
	00:36.54		00:40.74		
					

Coach feedback:

Event number: 21: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 16:49	
Heat: 3/4 Lane : 3 Athlete: WIJSGEER VIKTOR							Q-time: 02:33:24	
PB (25m pool): 02:33.24 Heist Op Den Berg 11/01/2025							PB (50m pool): 02:33.09SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.03		01:14.81		no time		02:33.24
	00:36.03		00:38.78					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 17:00
Heat: 2/15 Lane : 2 Athlete: HERREMANS ELIEN					Q-time: 01:28:06
PB (25m pool): 01:28.06 Kapellen 21/12/2025					PB (50m pool): no time SB: 01:28.06 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.95		01:28.06	
	00:40.95		00:47.11		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 17:00
Heat: 2/15 Lane : 4 Athlete: BOURGUIGNON NENA					Q-time: 01:27:03
PB (25m pool): 01:27.03 Kapellen 21/12/2025					PB (50m pool): no time SB: 01:27.03 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.34		01:27.03	
	00:41.34		00:45.69		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:02
Heat: 3/15 Lane : 5 Athlete: JORIS LINDE					Q-time: 01:22:23
PB (25m pool): 01:22.23 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:22.23 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.92		01:22.23	
	00:38.92		00:43.31		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 17:07
Heat: 6/15 Lane : 4 Athlete: SARMI SOFIA					Q-time: 01:13:60
PB (25m pool): 01:13.60 Nijlen 16/11/2025					PB (50m pool): 01:16.20 SB: 01:13.60 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.19		01:13.60	
	00:35.19		00:38.41		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 17:07	
Heat: 6/15 Lane : 5 Athlete: VAN BREEDAM LENA				Q-time: 01:14:00	
PB (25m pool): 01:14.00 Nijlen 16/11/2025				PB (50m pool): 01:24.03 SB: 01:14.00 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.56		01:14.00	
	00:35.56		00:38.44		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:7, starttime: 17:09	
Heat: 7/15 Lane : 4 Athlete: GERAEDTS MARIA				Q-time: 01:11:75	
PB (25m pool): 01:11.75 Nijlen 16/11/2025				PB (50m pool): 01:13.63 SB: 01:11.75 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.31		01:11.75	
	00:35.31		00:36.44		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:8, starttime: 17:11	
Heat: 8/15 Lane : 5 Athlete: DALEMANS NEL				Q-time: 01:10:31	
PB (25m pool): 01:10.31 Nijlen 16/11/2025				PB (50m pool): 01:12.16 SB: 01:10.31 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.60		01:10.31	
	00:33.60		00:36.71		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:10, starttime: 17:14	
Heat: 10/15 Lane : 3 Athlete: VAN REETH LIEZE				Q-time: 01:07:50	
PB (25m pool): 01:07.50 Mol 29/12/2024				PB (50m pool): 01:06.75 SB: 01:08.44 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.49		01:07.50	
	00:32.49		00:35.01		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 17:14
Heat: 10/15 Lane : 4 Athlete: VOLDERS ELLA					Q-time: 01:07:50
PB (25m pool): 01:07.50 Temse 17/11/2025					PB (50m pool): 01:11.33 SB: 01:07.50 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.43		01:07.50	
	00:32.43		00:35.07		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 17:17
Heat: 12/15 Lane : 4 Athlete: VERDOOD PIP					Q-time: 01:04:10
PB (25m pool): 01:04.10 Mol 29/12/2024					PB (50m pool): 01:04.14 SB: 01:04.47 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.77		01:04.10	
	00:30.77		00:33.33		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 17:19
Heat: 13/15 Lane : 4 Athlete: JACOBS LOTTE					Q-time: 01:03:05
PB (25m pool): 01:03.05 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:03.47 SB: 01:03.74 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.51		01:03.05	
	00:30.51		00:32.54		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 17:21
Heat: 14/15 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE					Q-time: 01:02:62
PB (25m pool): 01:02.62 Antwerpen 12/10/2025					PB (50m pool): 01:02.68 SB: 01:02.62 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.29		01:02.62	
	00:30.29		00:32.33		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:26
Heat: 2/10 Lane : 3 Athlete: DE PUYDT ARTHUR					Q-time: 01:25:16
PB (25m pool): 01:25.16 Nijlen 16/11/2025					PB (50m pool): 01:30.36 SB: 01:25.16 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.38		01:25.16	
	00:41.38		00:43.78		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:26
Heat: 2/10 Lane : 4 Athlete: GILLIS BAS					Q-time: 01:25:43
PB (25m pool): 01:25.43 Arendonk 30/11/2025					PB (50m pool): no time SB: 01:25.43 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.23		01:25.43	
	00:39.23		00:46.20		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:26
Heat: 2/10 Lane : 6 Athlete: VAN DER HOEVEN LUCA					Q-time: 01:36:17
PB (25m pool): 01:36.17 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:36.17 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.71		01:36.17	
	00:43.71		00:52.46		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:3, starttime: 17:28
Heat: 3/10 Lane : 2 Athlete: VERMEIREN STAN					Q-time: 01:16:24
PB (25m pool): 01:16.24 Arendonk 30/11/2025					PB (50m pool): 01:18.73 SB: 01:16.24 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.99		01:16.24	
	00:35.99		00:40.25		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 100M FREESTYLE MEN 11+					Heat:5, starttime: 17:32
Heat: 5/10 Lane : 1 Athlete: VERSTRAETE PEPIJN					Q-time: 01:10:50
PB (25m pool): 01:10.50 Nijlen 16/11/2025					PB (50m pool): 01:13.85 SB: 01:10.50 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.72		01:10.50	
	00:34.72		00:35.78		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:5, starttime: 17:32
Heat: 5/10 Lane : 3 Athlete: DRISSI EL MESKINI TAMIZ					Q-time: 01:08:35
PB (25m pool): 01:08.35 Nijlen 16/11/2025					PB (50m pool): 01:18.73 SB: 01:08.35 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.95		01:08.35	
	00:32.95		00:35.40		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:5, starttime: 17:32
Heat: 5/10 Lane : 5 Athlete: MARIN ALEXANDRU					Q-time: 01:10:45
PB (25m pool): 01:10.45 Arendonk 30/11/2025					PB (50m pool): 01:13.87 SB: 01:10.45 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.33		01:10.45	
	00:34.33		00:36.12		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:6, starttime: 17:34
Heat: 6/10 Lane : 6 Athlete: DE WEERDT BENT					Q-time: 01:08:33
PB (25m pool): 01:08.33 Arendonk 30/11/2025					PB (50m pool): 01:10.28 SB: 01:08.33 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.79		01:08.33	
	00:32.79		00:35.54		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 100M FREESTYLE MEN 11+				Heat:7, starttime: 17:35	
Heat: 7/10 Lane : 2 Athlete: VERCAMMEN DAAN				Q-time: 01:03:76	
PB (25m pool): 01:03.76 Kapellen 21/12/2025				PB (50m pool): 01:06.66 SB: 01:03.76 Kapellen 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.98		01:03.76	
	00:30.98		00:32.78		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:7, starttime: 17:35	
Heat: 7/10 Lane : 4 Athlete: SLAETS CAZ				Q-time: 01:03:02	
PB (25m pool): 01:03.02 Nijlen 16/11/2025				PB (50m pool): 01:03.30 SB: 01:03.02 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.70		01:03.02	
	00:30.70		00:32.32		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:8, starttime: 17:37	
Heat: 8/10 Lane : 2 Athlete: MERTENS GERBEN				Q-time: 01:01:06	
PB (25m pool): 01:01.06 Arendonk 30/11/2025				PB (50m pool): 01:04.04 SB: 01:01.06 Arendonk 30/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.81		01:01.06	
	00:29.81		00:31.25		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:8, starttime: 17:37	
Heat: 8/10 Lane : 6 Athlete: JACOB QINGKUN				Q-time: 01:01:80	
PB (25m pool): 01:01.80 Nijlen 16/11/2025				PB (50m pool): 01:04.17 SB: 01:01.80 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.85		01:01.80	
	00:29.85		00:31.95		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 24: 100M FREESTYLE MEN 11+					Heat:9, starttime: 17:39
Heat: 9/10 Lane : 6 Athlete: JANSSENS TIJS					Q-time: 00:58:32
PB (25m pool): 00:58.32 Arendonk 01/12/2024					PB (50m pool): 00:59.96 SB: 00:59.47 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.16		00:58.32	
	00:28.16		00:30.16		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:10, starttime: 17:40
Heat: 10/10 Lane : 6 Athlete: DOOMEN MARNIX					Q-time: 00:56:28
PB (25m pool): 00:56.28 Antwerpen 12/10/2025					PB (50m pool): 00:57.55 SB: 00:56.28 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.00		00:56.28	
	00:27.00		00:29.28		
					

Coach feedback: